

FYI: Laugh for your health!

KIMA

Issue 11

The Journal of
The King Institute Method® Association
A Publication of the King Institute, Inc.

Scare Tactics

HPV

Why are lawmakers mandating a vaccine
that has not been proven safe or effective?

Affluenza: The Mindless Pursuit of Materialism
Obesity Is Not Only an American Problem

Extraordinary Alternative Medicine for Extraordinary Results

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KIMA

The Journal of The King Institute
Method® Association

Staff

Glenn King
Director

Christine Dao
Editor

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Contact us:
KIMA Membership
PO Box 118495
Carrollton, TX 75011
www.kinginstitute.org
1-800-640-7998
E-mail: info@kinginstitute.org
Editor: cdao@kinginstitute.org

Our Mission Statement

“Dedicated to serve as Ambassadors bringing Restoration, Healing, Truth, and the Love of Christ to the World, giving all the Glory to God.”

Notes from the Director

We have truly enjoyed serving you through the KIMA Journal and appreciate your dedicated support. There is one more journal issue remaining before we move to the next phase introducing KIMA 500! We have already had the average response in percentages for our request sent out, although for this project to function as designed, we need a much greater response for members of KIMA 500. We will continue to increase how we can serve our supporters and improve on our publications for you, as well as our outreach to help those in need.

Our outreach has taken a turn that has been a long time coming concerning international help, and although we have only had three recent international trips, we have been in contact with a number of countries, including missionaries, and have heard their call for the need of TKM®. And we have heard more from people here at home, especially those with children that have serious health issues, who have limited finances and the ability to travel. We must meet this need or do the best we can in meeting each call for help.

I thank everyone that is participating in some way of supporting the outreach of this organization. You are enabling us to have some properly trained and experienced practitioners who are willing to travel where there is a need and provide intensive TKM® care. Others are stepping up and volunteering on TKM® mission trips to help people in training and direct care. We are increasing our provision of free training materials to warranted areas of the world. We now have material in different languages to assist underdeveloped countries. All of this is possible because of your continued prayers and financial support.

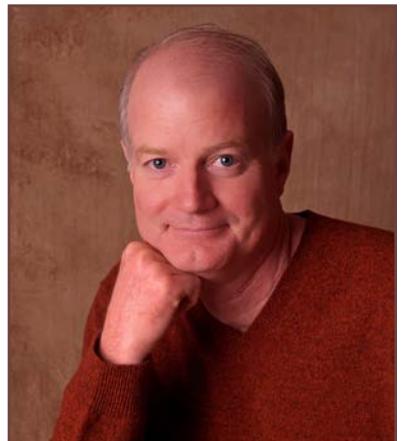
I see in the growing activity and requests as well as a quaking in my spirit that there is about to be an explosive of awareness of TKM® internationally in relation to the need for serious help from underprivileged countries and individuals. This is the highest calling for such a profound method as TKM®. It is fairly easy for anyone to learn the basics. The only requirements are two hands and a willing heart.

We are very excited about the opportunity to help make such a difference in the lives of so many people with needs that TKM® has consistently been able to provide. We've been able to come this far by the grace of God and the help and support that you provide. Unlike the ways in the past where we have been very private in who and how we help people, we will be bringing you the stories, photos and testimonies from the countries and individuals so you can see the impact you are having by joining with us to support the missions of this organization in helping people through laying on of hands, education and as ambassadors of the Kingdom of Heaven.

God bless your kind and generous heart. Your rewards are eternal.

Your servant in Christ,

Glenn King, Director



Editor's Corner

Why does happiness have to wait?

I noticed a trend with the last few issues, and that is my little Editor's Corner (if there was room to print it at all) was mostly used for little advertisements for the Journal. I'm not a health practitioner by any means (just the facts, ma'am), and this space was originally meant to be, perhaps, the one piece unrelated to health. So, in going with original intent, here goes, which can indirectly relate to the article on "Affluenza" on the next page.

Do you ever say, or if you don't want to admit it, do you hear other say, "I'll be happy if/when...?" The dots can be filled in by a variety of things: When I graduate. If I had a better job. When I get married. When I retire. If I had more money. If I had a bigger house. If I drove a nicer car.

We've all be guilty of similar thinking many times. If I can accomplish this or have that, then I will be happy. For the computer-oriented minds, it's similar to the if statement in the C++ programming language. Bear with me, it's been well over six years since I last had to use it:

```
if (I have a bigger house, better job, more money, drive a nicer car, etc.)  
{  
    //then I can be happy  
}  
else  
{  
    //I will remain unhappy  
}
```

Silly, huh? But when you really think about it, many of us go through life with this type of programming. No wonder many of us can't get anything done.

One of my favorite pastors on the planet recently asked, "Why do you have to wait to be happy? Why does your happiness have to have conditions on it? Happiness isn't an event. It's a state of mind. Outside events don't change your perspective. You do. So why do you have to wait?"

The apostle Paul goes a little farther in using the word "content": "Not that I speak from want, for I have learned to be content in whatever circumstances I am. I know how to get along with humble means, and I also know how to live in prosperity; in any and every circumstance I have learned the secret of being filled and going hungry, both of having abundance and suffering need." (Phil. 4:11-12 NASB)

I believe that Paul's secret is not such a secret anymore. It's simply thankfulness. Thankfulness doesn't always come naturally to our selfish human nature. It has to be practiced and exercised. As Paul said, he learned contentment.

And if you really consider, I mean really, really, REALLY consider it, there is nothing for which you can't be thankful. Even Paul boasted in his thorn.

Thankfulness puts things into perspective, a perspective that is fertile ground for happiness to take root.

So, why do we have to wait to be happy? Why does your and my happiness have to depend on something or someone else, when we are the ones that control our own state of mind? Chances are, even if we live long enough to get everything we think we want, it won't change our perspectives, which we can change right now.

So? Why wait?

Enjoy the Issue 11!

Christine Dao, Editor

Affluenza is an epidemic around the world

By Christine Dao

It's true what they say that money can't buy happiness. New research by British psychologist and best-selling author Oliver James can support that the mindless pursuit of money and possessions is making people richer but sadder.

James trotted the globe from New York to Sydney in a quest to truly see if having more necessarily leads to happiness. Singapore, Shanghai, Copenhagen, Moscow and Auckland were among the other nations he visited.

He told Reuters in January, "We have become addicted to having rather than being and confusing our needs with our wants."

"Affluenza," is indeed an epidemic. Webster's New Millennium dictionary defines it as "extreme materialism which is the impetus for accumulating wealth and for overconsumption of goods; also, feelings of guilt and isolation from the dysfunctional pursuit of wealth and goods."

James said that studies have shown in a variety of nations that people who place a high value on things, such as bigger houses, more cars, larger television and younger faces, tend to more likely suffer from depression, anxiety, addictions and personality disorders.

Developed nations such as the U.S. and Britain are fully infected, and it's fast spreading to develop-

ing economies such as Russia and China.

In his book entitled "Affluenza," James admits that Australia was depressing to study as was Singapore, where shopping is the national obsession.

Affluenza is not simply a "rich person's disease." It affects anyone from all economical strata.

It's a state of mind, one to which anyone from any background can fall prey. It doesn't matter what one has already. It's never enough.

The term "affluenza" was first popularized in the U.S. in 1997

"My Grace is sufficient for you..."

formed by the contraction of "affluence" and "influenza." Self worth and even identity are placed on material wants. Affluenza cannot be satisfied, even once gratified by the objects of want.

Bioenergetically speaking, the E.S. #14 correlates with effecting mind sets of materialism. Materialism is basically anything outside of you that you feel will add worth to you.

If we know who we are and are comfortable with that understanding, then we do not feel that "something" will increase our self value. The E.S. #14 helps correct that false thinking.

In this performance oriented society, it is often hard for people to be truly comfortable with who they are at any level of society. The #14 Sequence is great for helping to resolve this issue.

This can also be associated with addictive behavior, such as what many call "shop-o-holics." The #23,25 and the #13 Sequences are great for helping to break all addictive behavioral patterns.

Faith also plays an important, if not primary, in addressing the cause behind affluenza. Jesus addressed this very problem in Matthew, saying:

"No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to one and despise the other. You cannot serve God and wealth [mammon]" (Matthew 6:24 NASB).

And Paul writes in his second epistle to the Corinthians:

"And He has said to me, 'My grace is sufficient for you, for power is perfected in weakness.' Most gladly, therefore, I will rather boast about

my weaknesses, so that the power of Christ may dwell in me" (1 Corinthians 12:9).

And he writes to the Philippians:

"I know how to get along with humble means, and I also know how to live in prosperity; in any and every circumstance I have learned the secret of being and going hungry, both of having abundance and suffering need. I can do all things through Him who strengthens me" (Philippians 4:12-13 NASB).

Having nice things is not sin. We should enjoy our blessings. But what we have should not be the determining factor of who we are.

God desires to be everything we need and want, and identifying ourselves with the everlasting and unfailing Creator helps relieve our desire to have things that won't add any value to us. ♡

fyi good info to know!

Laugh for your health!

Few of us seem to give laughter the credit it deserves concerning its impact on our health.

Researchers in the past have found that genuine and joyful laughter releases endorphins in the brain, which help relieve the symptoms associated with depression.

Endorphins also help the immune system function and elevate our overall sense of well-being.

The medical community is also finding that it is excellent exercise for the lungs. It clears the respiratory system and relaxes muscles.

Laughter can also be a natural pain-killer. Some experiments found that laughter's pain-killing effects can last for up to two hours

The E.S. #15 is the primary location correlating to joy and laughter, and its state determines our level of ability to experience both.

Joy and laughter does help breathing and other aspects mentioned in this article but there is more to this point. The E.S. #8 relates to helping the entire Hip Level, where the E.S. #15s are located.

A TKM® special one step procedure for releasing the Chest Level (lungs) is simply holding the E.S. #15 and same side E.S. #8, which has a powerful effect on releasing congestion in the chest.

Laughter is great medicine, so laugh for your health!

Attention All Current Members of the US Armed Forces

Extraordinary Alternative (Natural) Medicine for Extraordinary Results

The King Institute presents

TKM®: Emergency Integrative Medicine Techniques

This is vital life saving information designed to fit into your field manual, provided free of charge to all active military personnel.

All you need is to visit www.kinginstitute.org/military.php and print out the PDF file of your respective branch (USMC, Army, National Guard, Navy, Air Force, Coast Guard, and all other active branches). It fits right in your field manual!

Pulse Puzzle

Pulse puzzle is a regular part of each *KIMA Journal* issue for graduates of Level II and above to help learn more about pulses. The following are some abbreviated examples used in the pulse puzzles, similar to demonstrations in class.

S = Silent

L = Loud

W = very weak pulse

R = Rapid

The numbers (1st -5th) represent the stratum texture.

FWT = Fluff with Tone. There can be combinations such as: W/FWT.

The study example is below and the observation and suggestions are on **page 11**.

FWT	Lg. Int. Lung	Sm. Int. Heart	FWT
2nd			5th
L 1st	ST	GB	L 3rd
L 3rd	SP	LV	L 3rd
FWT W	DIA	BL	W ?
W 5th	UMB	KD	S

Think of common denominators and processes of elimination to determine options before viewing the suggestions.

Sequence for Revitalizing and Redirecting the Energy of 4th Stratum.

The diagram illustrates Left sequence Energy Spheres only. Refer to Figure G-4.

LEFT Sequence, sit on the **Right side** of the body.

Procedures For Hands	(to)	Positions On Body E.S.'s
-------------------------	------	-----------------------------

- step 1 right to left 2
- and left to right High-1
- step 2 left to left 4
- step 3 left to left 12
- step 4 left to left 11
- step 5 left to left 23

RIGHT Seq. BE on Left side.

This application is most effective when applied by another person.

Preparation: Sit, or preferably lay, in a comfortable position. For best results remove all metallic objects from the body and from clothing. One hundred percent cotton clothing is best suited. You may position pillows beneath arms as needed in order to completely relax while applying each step of the procedure.

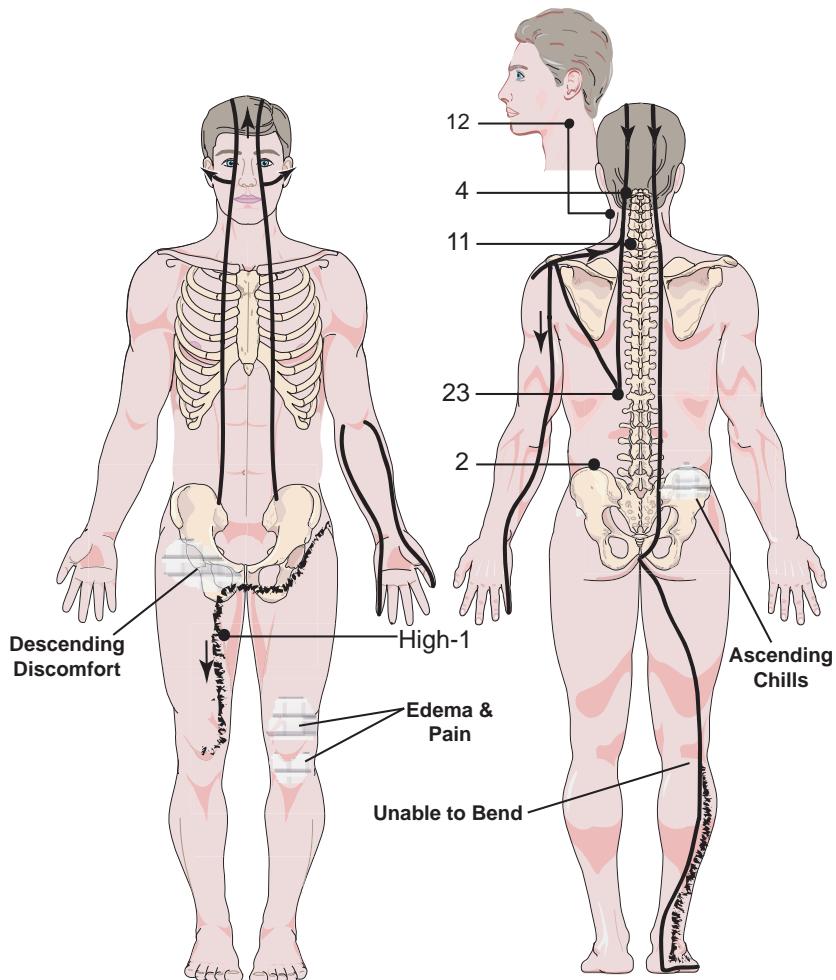
Length of time: Hold each step (*location*) a minimum of four to five minutes or up to twenty minutes if needed.

Application: Use the finger pads (*palm side down*) of your first three fingers (*index, middle, and ring*) on any location. Or, you may use all finger pads if you wish.

Always hold two locations when applying any step.

Important: Pressure is not necessary to achieve results, in fact, it may inhibit the process. Only contact is needed to stimulate energy circulation.

- 1 L - R 2
- R - L High-1
- 2 R - R 4
- 3 R - R 12
- 4 R - R 11
- 5 R - R 23



The 4th Stratum energy is vital to the proper functioning of all muscle in the body, and the **Kidney Energy** and **Bladder Energy**. Its **Ascending and Descending** energy helps the **ears** and the emotion of **fear**.

Mental/Emotional: Fear, Lack (Any lack or limitation), Lust (Any), Addictions (All) and Hyper active-ness (Any hyper issues or projects).

Physical: Chills (especially during urination), Bladder issues, Kidney issues, Ear (Any issues), Hearing (Any), Reproductive organs or system (male or female), Rheumatism, Stiff joints (in certain areas of the body or all of the body), Bone marrow issues and functions, Nails or bone issues, Biting nails, Cardiovascular system (All), Blood chemistry (All), Taste and taste buds, Muscle and any muscle related issues (injury or disease), Rectum (Any rectal conditions), Hyperactive children or adults, Hormones (Any hormone issues), Teething, teeth grinding and any teeth related issues, Insomnia (can't go to sleep or wake up during night), Polio, Diabetes, Epilepsy (Any type), Leukemia, Arthritis, Elbow bends and cannot straighten, Knee (unable to bend), Shooting pains (All) and any Trembling or shaking constantly projects.

Scare Tactics: HPV

Drug company pushes lawmakers to mandate vaccination in school girls that has been neither proven safe nor effective

By Glenn King, PhD and Christine Dao

Controversy erupted recently over the human papilloma virus, more commonly known as HPV, vaccine since Texas governor Rick Perry and other state legislatures mandated that state schools start inoculating school girls as young as eleven years old.

Many people may have first heard about HPV and cervical cancer from the “Tell Someone about cervical cancer” advertisement campaign sponsored by Merck and Co., Inc., the sole manufacturer of the Gardasil® vaccine, which is claimed to help significantly reduce the risk of cervical cancer to women who are vaccinated before exposure to the virus.

The idea of a cancer-causing virus is something to be worried about, many agree. However, the idea of mandating young girls to receive a vaccine is also something to worry about. Throw in some politics and a dash of moral issues, and you can see why Gardasil has many people up in arms in both camps.

But our curiosity compelled us to go beyond the sensationalized flash and fireworks and look at the medical facts, or lack thereof, surrounding this controversy. We will touch on the politics and moral aspects, but a publication such as the KIMA Journal is more interested in the health implications and educating people about them. We’ll leave the other reporting to Fox News and their journalistic friends.

What is HPV anyway?

The “Tell Someone” web site defines human papilloma virus as “a common virus. Certain types of HPV cause cervical cancer. HPV may also cause abnormal cervical cells and genital warts.”

Did you catch that? Note how it’s a “common” virus and that “certain types” can cause cervical cancer. That alone implies that not all types of HPV cause cancer.

Papilloma viruses are a diverse group of DNA-based viruses that infect skin and mucous membranes in both humans and animals. Over a hundred different human papilloma viruses have been identified to date, a number that will more than likely change given the ability for these viruses to adapt, mutate and create new types of viruses. Some HPVs can cause benign, or not threatening, skin warts or papillomas, for which the family of viruses are named.

Out of the hundreds of HPVs in existence, about 30 to 40 are typically transmitted through sexual contact. And a handful of the

sexually transmitted types, such as 6 and 11, can cause genital warts. However, most HPV types that can infect the genitals don’t cause noticeable symptoms.

In short, only women who are sexual active, especially with multiple partners, are candidates for incurring an infectious form of HPV. As with all other sexually transmitted diseases, women who are abstinent or sexually faithful to one spouse have very little to worry about. Medical doctors encourage those who are not to get regular pap smear tests to detect any HPV-induced cellular abnormalities.

HPV-induced Infections

HPV-induced infections occur when a virus attacks the cells of the cervix, the area at the bottom of the uterus and just above the vagina, and begin causing those cells to grow abnormally. Abnormalities can include the growth of both benign and malignant warts when the cervix is persistently infected.

Here’s some good news. Most women’s bodies in good health can fight off infections on their own, without the woman ever noticing symptoms in the first place. The body is already equipped to fight off this type of infection, without the need for outside remedies.

Cervical cancer

Like all cancer, cervical cancer doesn’t happen overnight. When infection persists over time, usually years, cell abnormalities can possibly develop into cervical cancer.

Here’s some more good news. When detected at early stages, cervical cancer is curable, even with traditional medicine. That is why many doctors recommend that their female patients get pap smear tests regularly to check for abnormalities that they can still help.

The King Institute Method®, or TKM®, which is based on fundamental principles in physics, has had success in helping reverse many slow viruses, including herpes. The same principles apply to cervical cancer and other STDs.

An estimated 12,200 women were affected by cervical cancer in 2003, and most of the women affected were older than 40. And about 65 percent of the women diagnosed with cervical cancer had

[A] handful of the sexually transmitted [HPV] types, such as 6 and 11, can cause genital warts. However, most HPV types that can infect the genitals don’t cause noticeable symptoms.

not had pap smear tests in the last five years, according to a 2000 report by the American Family Physician.

Symptoms of cervical cancer including abnormal vaginal bleeding or a significant unexplained change in the menstrual cycle, bleeding when something comes in contact with the cervix, such as during sexual intercourse, pain during sexual intercourse and abnormal vaginal discharge containing mucus that may be tinged with blood.

Factors that increase the risk of cervical cancer are high-risk sexual behaviors such as having unprotected sex, sex with multiple partners or sex with a partner who has had multiple partners. These behaviors increase the risk of sexually transmitted diseases, including high-risk forms of HPV, and can hinder the immune system from fighting off infection.

Gardasil®

As mentioned before, Gardasil is a vaccine manufactured by pharmaceutical powerhouse Merck and Co., Inc.

Merck made headline news in 2004 due to a slew of lawsuits surrounding the arthritis pain-killer Vioxx®. The company was accused of hiding clinical research on Vioxx's harmful cardiovascular side effects.

The drug was eventually pulled from the market in 2004, but not until after repeated warnings by the Food and Drug Administration that eventually led to a ban. Merck felt repercussions of its mistake. The company continues to work through Vioxx lawsuits today.

One of the interesting facts we noted in Issue 9 of the Journal was that the FDA had first approved the drug for the market in 1999. Despite pressure from the agency,

Merck did nothing and enjoyed sales of \$2.5 billion in 2003. Though a drug has to receive FDA approval to be sold in the US, it's up to the company's discretion to remove it once it's been approved. After over \$2 billion in sales, that's a hard pill to swallow. No pun intended.

Just like prescription drugs, vaccines must receive agency approval before making it to market. In a perfect world, all vaccines would be nonexistent specifically for the fact that many are preserved in a solution containing mercury or aluminum, both of which have detrimental health effects by becoming neurotoxins upon entry into the body.

While the pharmaceutical companies and governing bodies, including the FDA and the Centers for Disease Control, maintain that the doses of mercury and aluminum are safe, we look at the statistics.

Autism increased in school children from

[C]ervical cancer takes years to develop, if it even develops from an HPV-induced infection at all. How effective is the claim for a vaccine that is said to prevent cervical cancer if it only underwent six months of review?

5.4 percent in 1991 to 118.8 percent in 2003, according to a report from the U.S. Department of Education. Many school children are required to receive vaccines in order to attend school. Where else are children receiving such highly concentrated doses of mercury and aluminum?

Concerning Gardasil, the vaccine received FDA approval on Jun. 8, 2006 after only six months "under FDA's priority review process—a process for products with potential to provide significant health benefits," according to an FDA press release.

Gardasil's claim to fame is that it can help prevent women from getting the high-risk

forms of HPV types 6, 11, 16 and 18, which are said can lead to cervical cancer.

The same release from the FDA cited four studies, one national and three multinational, conducted in approximately 21,000 women with results that showed "in women who had not already been infected, Gardasil was nearly 100 percent effective in preventing precancerous cervical lesions, precancerous vaginal and vulvar lesions, and genital warts caused by infection with the HPV types against which the vaccine is directed."

That's great, but the question is would those have been the results anyway even if the women were not given the vaccine, considering that they were not infected to begin with?

Another interesting note to make is that, as we mentioned a few paragraphs earlier, cervical cancer takes years to develop, if it even develops from an HPV-induced

infection at all. How effective is the claim for a vaccine that is said to prevent cervical cancer if it only underwent six months of review?

A release from the Office of Oncology Drug Products, or the OODP, within the FDA states:

"This vaccine is not intended to be used for treatment of cervical cancer, CIN [cervical intraepithelial neoplasia], VIN [vulvar intraepithelial neoplasia], VaIN [vaginal intraepithelial neoplasia] or genital warts."

["Intraepithelial" essentially means occurring in or situated among the cells of tissues that covers a surface, or lines a cavity or the like, and that additionally performs any of various secretory, transporting or regulatory functions. "Neoplasia" means a tumor or abnormal growth. So, CIN is a tumor in the cervix, VIN is a tumor in the

Side effect	Vaccine	Aluminum-containing placebo	Saline placebo
Pain	83.9 percent	75.4 percent	48.6 percent
Swelling	25.4 percent	15.8 percent	7.3 percent
*Erythema	24.6 percent	18.4 percent	12.1 percent

*abnormal redness of skin due to local congestion, as in inflammation

Information courtesy of the Office of Oncology Drug Products Center for Drug Evaluation and Research

vulvar, and VaIN is a tumor in the vagina.]

The release also states, "Gardasil has not been shown to protect against diseases due to non-vaccine HPV types," meaning it can't protect against other HPV types or other sexually transmitted diseases. And it says,

"Vaccination does not substitute for routine cervical cancer screening. Gardasil recipients should continue to undergo cervical cancer screening per standard of care."

That lends to the question if the vaccine is so effective, why the need for continued screening?

Gardasil's safety questioned

While evidence of the vaccine's effectiveness remains virtually non-existent, proof of its safety also raises concern.

The study alone raised red flags not only for being so short in duration but also for some of the control substances administered. One was a saline placebo, commonly used as a control for its virtual ineffectiveness on organic tissue. The other, however was an aluminum-containing placebo, aluminum being a common preservation additive to vaccines like methyl mercury.

Almost twice as many test subjects had pain with the vaccine and almost a third more experienced the same with the aluminum placebo. Perhaps unconsciously, the study showed that aluminum-containing substances have adverse effects on the body.

The National Vaccine Information Center, or NVIC, one of the largest organizations advocating for vaccine safety, wrote that Merck's study on Gardasil has not proven the vaccine's safe, especially for young girls. The safety group released in February an analysis of the federal Vaccine Adverse Event Reporting System, or VAERS, reports of serious health problems following HPV vaccination during the last six months of 2006. They wrote:

"Out of the 385 individual Gardasil adverse event reports made to VAERS, two-thirds required additional medical care and about one-third of all reports were for children 16 years old and under, with nearly 25 percent of those children having received simultaneously one or more of the 18 vaccines that Merck did not study in combination with Gardasil."

Among those combined vaccines that Merck is also lobbying to be given with the Gardasil vaccine is the Hepatitis B vaccine, an injection blamed for many brain injuries in children because of its methyl mercury preservative. Against popular belief, Hepatitis B is not highly contagious and infections are relatively low in the U.S and western Europe. But that's another article.

The FDA's release on Gardasil concludes with, "The manufacturer [Merck & Co., Inc.] has agreed to conduct several studies following licensure, including additional studies to further evaluate general safety and long-term effectiveness. The manufacturer will also monitor the pregnancy outcomes of women who receive Gar-

dasil while unknowingly pregnant. Also, the manufacturer has an ongoing study to evaluate the safety and effectiveness of Gardasil in males."

Despite all the questions that remain about the vaccine's safety, it still made it to market and is now trying to become mandatory. Curiosity also arises from the last sentence of the statement. The whole reason behind mandating a HPV vaccine is the fear of developing cervical cancer. Males do not have a cervix because they do not have a uterus. That's perhaps where the genital warts risk comes in.

The political front and the money trail

The Associated Press reported in February that Merck donated money to Gov. Rick Perry's gubernatorial campaign the same day his chief of staff met with aides about the HPV vaccine.

A Perry spokesman said the timing of meeting was a coincidence and said that the AP shouted to create a conspiracy "where none exists, and they have offered not one shred of evidence to their baseless accusations that the governor's

office has done anything wrong."

Now, we're not saying that the governor's office broke the golden rule of accepting bribes for political favors. However, we would agree that the coincidence is an extraordinarily ill-timed one, considering the sensitivity of the meeting's subject matter and the donor of the funds.

The AP reported that Chief of staff Deirdre Delisi's calendar shows she met with the governor's budget directors and three members of his office for a briefing on the HPV vaccine on Oct. 16, 2006. The same day, Merck's political action committee, or PAC, donated \$5,000 each to Perry and eight state lawmakers.

The spokesman said that in the meeting, Delisi had asked the budget director for an update on the cost of providing the vaccine for free to young women on Medicaid.

The same calendar and other documents obtained by the AP showed Perry's office began meeting with Merck lobbyists as early as mid-August.

Still the coincidence is uncanny, considering that Merck is the only manufacturer of the vaccine and that it stands to make billions of dollars if the vaccine is mandated for young girls nationwide. The Wall Street Journal reported in February that a spokesman for Merck declined to say exactly how much money the company had spent on the campaign to lobby the vaccine's mandate and that "Merck is eager to build Gardasil's sales quickly to offset patent expirations on some of its bestselling drugs and its mounting legal costs over its withdrawn pain-killer Vioxx."

If Gardasil is mandated, then families will need to come up with almost \$360 per girl for three separate doses. That does not cover the cost of giving the injections or the doctors' fees. Some families might be able to pay for it using medical insurance. Others might be able to claim Medicaid if approved. The rest will have to pay out of pocket. And furthermore, the vaccine is not guaranteed to

last beyond two years, requiring that young girls continue to receive vaccinations every other year.

The average child spends 12 years in public school. That's approximately 18 injections over the course of a student's primary academic career, which adds up to about \$2,160, without adjusting for inflation. Multiply that by the millions of girls in public school, and the Wall Street Journal's estimate of "billions" isn't too far off.

The moral front with a twist

Many religious groups believe that mandating a vaccine for a sexually transmitted disease will cause some young women to think it's okay to have sex outside of marriage and with multiple partners as long as they are "protected" by the vaccine.

That's probably true, considering the top non-religious reason in favor of abstinence is to not acquire any STDs. Of course, that has proven to have little effect on some teenagers and young adults, who believe that they are already invincible. Without a moral compass that points to a higher calling, a greater passion and stronger self confidence, people will continue to have sex outside of marriage and with multiple partners at any age.

But as we're leaving the politics to the new organizations, we leave the moral compass teaching to the home and the church.

On another note, Americans have the right to protect their bodies and property. It's the same cover story that allows teenage girls to abort their babies without having to notify their parents. The same double-edged sword should and many times does work for people refusing vaccination.

While we don't advocate abortion in the least, we also don't advocate requiring vaccinations. Some ministries, including the King Institute, Inc., maintain that the human body is fearfully and wonderfully made by a perfect Creator Who doesn't make mistakes. We have everything we need for life and godliness, including the ability to heal ourselves (cut yourself some time and watch it automatically begin to clot and seal itself back up) and the knowledge to take care of our bodies, as written in His Word.

A closer look at the Ten Commandments alone will show that breaking any of them can break us. Hating your parents will cause unnecessary and terrible emotional stress. Murdering someone can also cause unneeded stress. Committing adultery with multiple partners is a great way to accumulate all kinds of STDs. Lying or stealing can cause

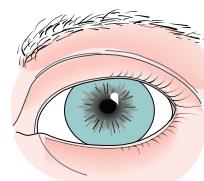
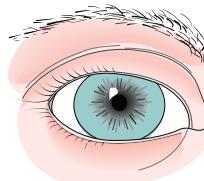
Body Biography Corner

The eyes are often referred to as the window to the soul. Let's look at some reflections from our past that have an effect on eyes. The iris is the colored part of the eyes and reflects metaphorically how we respond to the intensity of our environment. If as a child we were exposed to negative, emotionally charged environments, as adults we often have small irises.

LARGE, full iris (seems to fill the eye)

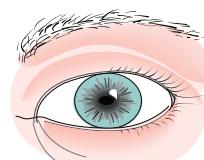
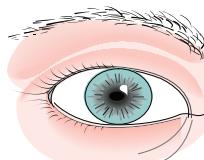
The propensity is to connect with your feelings and have an open, emotional response to life. Being visual and experimental and responding emotionally is characteristic.

You may need to see the information you receive. You listen best when you can observe the person talking to you or see what someone is talking about. This is close to a FWT perspective with eyes.



SMALL iris (small in relation to the eyeball)

Seemingly allergic to shouting, as a child, your extreme sensitivity may have caused you to be painfully affected by people's actions and arguments. As a result, you may feel the "allergic" to anyone shouting at you and loud verbal disapproval is almost hated. You are more motivated by physical expressions of reassurance and acceptance.



To help develop healthier perspectives apply #9, 3rd MOC, Mediator and #13 Sequences.

those you offend to do you bodily harm.

We are all infected with HPVs, flu viruses and a variety of other diseases continuously, and yet our immune systems naturally automatically fight for us to live everyday. Third World countries and the like don't suffer from epidemics because certain diseases are present there and not in the U.S. or Europe. Epidemics break out because of lack of knowledge and economic resources to provide for healthy living.

We've covered a lot of ground to try to

bring a different perspective to the HPV and cervical cancer debate. The politics and the moral issues are important. However, the most important issue is the health issue. The vaccine has not been proven effective nor safe, which is why the FDA required that Merck continue with follow-up studies. Mandating a vaccine such as this for America's young girls is not only a violation of human rights. It's dangerous.



Healthy Eating

Homemade Energy Bars

*healthy eating
for healthy living!*

By Hillary King

Do you like those individually wrapped snack bars at the grocery store? They're good to have for breakfast or a quick snack during the day. However, they can be pricey and sometimes have ingredients that people are allergic to. But making a snack bar yourself is very simple and inexpensive. Plus, you can customize the ingredients to fit your specific diet. Here is a basic snack bar that I like to make.

Ingredients needed:

(makes approximately a dozen)

2 cups puffed rice

1 cup each of sunflower seeds, chopped almonds, chopped cashews, and chopped pumpkin seeds

3/4 cup of almond butter

1/4 cup of raisins

1 stick of butter

4 oz. of honey

2 tbsp. of brown sugar

1. Preheat your oven to 350F degrees. Melt butter in a saucepan and then mix in the honey and the brown sugar. Stir until it's all blended.
2. Mix all the dry ingredients (the puffed rice, chopped nuts and seeds, and the raisins) in a separate bowl along with the almond butter. You can use a wooden spoon, but sometimes it's easier to use your hands wearing plastic gloves if you have them.
3. Add the melted butter and sugar mix to the dry ingredients and mix together.
4. When everything is well incorporated, move the mixture to a non-greased glass pan and press it down firmly into a 3/4-inch thick sheet (like making rice crispy treats).
5. Put the pan in the oven and bake for 20 minutes.
6. Remove from the oven and allow to cool for 30 minutes. Then cut it into two inch squares and wrap in plastic wrap to keep moist.

The nuts are rich in protein. Almonds are also good sources of alkalinity and the pumpkin seeds are good for parasitic issues. Plus, this recipe contains no gluten, which is great for celiac disease and people who are gluten intolerant. And also, each bar comes out at only a fraction of the price of the ones at the store!

Pulse Puzzle Suggestions:

(From page 5)

Observation: There are several FWT (Fluff with Tone) textures that are regular in intensity or weak. But 3rd Stratum texture is definitely predominant. All of the Waist Level is very loud with Gallbladder, Liver and Spleen with 3rd Stratum textures. Stomach has a loud 1st Stratum texture and Heart has 5th Stratum texture, which is effecting Umbilicus.

This pattern is indicative of a mental project (Waist Level), possibly due to work stress involving "effort" and "frustration." If it was more of an emotional related reaction, then the pulses would likely be more rapid somewhere.

Suggestion: I would focus on Waist Level for some relief. One approach would be a #23,25 Sequence to help all Ascending and Descending energy, especially Waist Level, followed by Mediator (3rd Stratum) or R&R 3rd Stratum. If the body biography indicated chronic E.S. #9's, I would throw in a #9 Sequence. As an option, a Spleen Sequence would help this overall situation.

The Waist Level is an increasing issue in this performance-oriented society. You are likely to find many Waist Level projects in one form or another.

E-MAIL RESPONSE CORNER

Where Dr. King takes the time to answer your e-mail questions!

Q. I've been told I have Dyslexia. What can be done?

A. There are different forms of dyslexia! Developmental dyslexia is a condition or learning disability which causes difficulty with reading and writing.

We get the word "dyslexia" from the Greek words from which we derive "dys," meaning "impaired," and for "lexis," meaning "word."

People are often diagnosed with dyslexia when their reading or writing problems cannot be explained by a lack of intellectual ability, inadequate instruction or sensory problems, such as poor eyesight.

However, some have poor eyesight as a direct relationship to dyslexia due to 3rd Stratum correlations of eyes and dyslexia. Though dyslexia primarily affects reading and writing ability, it can also impact the processing of spoken language as well as non-language difficulties. This type of dyslexia is often misdiagnosed or missed altogether.

Dyslexia is sometimes used to refer to the loss of reading ability following brain damage. Another form of dyslexia is an acquired dyslexia or "alexia," which refers to loss of reading ability following brain damage.

Despite popular belief, dyslexia is not caused by reversing the order of letters in reading, nor is it a visual perception deficit that involves reading letters or words backwards or upside down.

Medical evidence that dyslexia is neurological condition is substantial and some research suggests an association with biochemical and genetic markers. Some believe dyslexia is so misunderstood that the term should be replaced with reading disorder or disability (RD) or processing disorder (PD) and that the word dyslexia should be reserved for severe cases of RD.

Also, dyslexia is not always the culprit for a child's inability to read or

write properly. Sometimes the cause is poor teaching methods. It's common for graduates of poor public school systems to be unable to perform basic reading and writing and be non-dyslexic.

The #4 Sequence has been the most popular application for dyslexia symptoms, whether for reading or spoken language processing. But the Coma Sequence (TKM® Textbook Chapter 4) is more thorough in addressing this issue.

The Gallbladder Sequence is also a great help. In Volume 4 of the Textbook, there are complex issues of intermingling energy and when Gallbladder intermingles with other organ energy in the head (especially Heart Energy) it can produce dyslexia or related symptoms.

Although the medical researchers say it is neurological, it is the bioelectromagnetic system that is often the cause and more often the solution.

The #4, Coma and Gallbladder Sequences are all interrelated by 3rd Stratum. Therefore, treat dyslexia as a 3rd Stratum and brain (mind) issue. Primary applications are the #4, Coma and Gallbladder Sequences. Secondary applications can include the Mediator, #5,6,7,8, 3rd MOC, #9, #14, and Heart Sequences.

Q. Has anyone had any success dealing with Polymyalgia Rheumatica? I have a lady coming to see me who is on steroids to help her with the disease. I will read pulses but am very interested in any suggestions or advice.

A. Polymyalgia rheumatica (PMR) is a clinical syndrome characterized by sever aching, pain and stiffness of the neck, shoulder girdle and pelvic girdle. Although classified as a rheumatic disease [any disorder of extremities or back characterized by pain and stiffness], the etiology is undetermined,

as with many chronic disorders. Medical researchers think that it may have a correlation to injury or changes in the elastic lamina of the blood vessels effecting the muscles. After age 50, one study shows 1 in 200 people will suffer from PMR. Twice as many females suffer from PMR than males, and most are Caucasian.

But PMR is not difficult to address from a bioelectromagnetic perspective. Generally as people age they often become more stiff-necked about their views and rigid in their thoughts. This is often from taking a defensive perspective from questions and challenges mounting over the years. This kind of attitude effects the 5th Stratum, E.S. #12s and Umbilicus Energy through dysfunctional relationships and the Hip Level in relation to the effects of the E.S. #12 and the loss of joy in life.

The flexibility of the shoulders is impaired as well due to the same mental perspectives. Don't forget the direct relation to E.S. #12 and the opposite E.S. #9, which then congests the E.S. #10. What a mess. And it really is from how we respond to things in life that confront us. This response is more or less a survival technique when we don't have proper teaching in how to deal with matters in a constructive way.

Therefore, I suggest applying the #12 Sequence a lot and support it with the #11,12 and #4,12,11,3 combination sequences with the Umbilicus Sequences to help the entire neck (and with relationships!). Include the #15 Sequence for pain, stiffness and Hip Level projects that are simply chain reactions. Include a Mediator to help rebalance the arms, neck and shoulders as well as the Hip Level projects. I would include the #9 and #13 Sequences for the emotional and mental causes as well as the direct physical symptoms. Then I would include 4th and 5th Stratum for covering related strata for cause and effect.

Loosen up and enjoy all of God's creations with the life that He provides!

Obesity not only an American problem

By Christine Dao

Obesity has been a constant and growing problem in America, especially with more and more adults and children suffering from heart disease, diabetes and other weight-related disorders. The current national figures show that one in every three American adults weigh too much, which translates into more than 60 million people. One in five children suffers from obesity. Many blame the American lifestyle and diet for the gain in weight and decline in health.

However, obesity and the plethora of health issues that accompany it don't discriminate among nations or cultures. Other countries, especially European nations, are also seeing a hike in their own fat stats.

Recent reports have found that obesity in France, a nation widely known for thin waistlines and tiny dress sizes, has doubled to 12 percent.

Like Americans in the past, the majority of the French population used to eat two to three square meals a day, no snacks. But with a busier life style and more junk food available, they're getting fatter.

The French were, and still are, also known for drinking and smoking to relieve stress. To avoid the damaging risks associated with alcohol and nicotine, more people have turned to snacking on junk food.

Interestingly enough, French fashion is finding the need to accommodate to its heavier customers. About 40 percent of French women wear larger than a size 14 dress size. Boutiques catering to larger people are seeing business soar.

Sweden's obesity rates have also doubled in almost 25 years, with one in 10 Swedes now considered largely overweight. Obesity is now as common among women as men, with the problem increased most among young women, non-labor workers and rural residents. However, Swedes across all social groups have registered weight gains.

Almost 12 percent of Germans are fat, as well as 23 percent of Brits.

A 2005 study found that the oil-rich Gulf states have been recording higher rates of illness related to obesity, with almost 70 percent of women and 50 percent of men who are obese.

Saudi Arabia has seen obesity not only take a heavy toll on its waistline, but on its purse. Almost one in five Saudis suffer from obesity, which translates to three million people out of a total population of about 16 million. Since health care is paid for by the government, obesity and related medical issues, including asthma and arthritis, have cost the country more than three billion dollars a year.

People have sought after a smorgasbord of remedies to try and get the weight gain under control. Everything from lose-weight-

addressed and dealt with properly, eliminating the symptom or symptoms.

Every person is different and every health issue is as individual as the person who has it. However, nutritionists, dieticians and some medical doctors agree that a majority of the obesity cases in the world manifest from one very common cause: stress. People often turn to unhealthy eating as a way to relieve stress. However, a new stress arises as the waistline grows, creating a cycle of constant stress with no permanent relief.

The simple fact of the matter is that many of us have forgotten how to prioritize our lives. National Public Radio recently reported that more parents worry about their children contracting head lice in school while school administrators worry more the rising

rates of heart disease, asthma and diabetes among students.

What few of us understand is that almost 70 percent of

chronic disease, including obesity, and subsequent deaths in the U.S. are lifestyle related and highly preventable, according to a report by the U.S. Surgeon General.

Even still, many of us don't quite grasp the concept of a "healthy lifestyle."

You really are what you eat

Almost 70 percent of our health is directly correlated to what we eat and drink. Twenty-five percent relates to how much we exercise and almost five percent is determined by supplementation.

That's good news if you are an adult who eats. It means that you have control on almost 70 percent of your health just by controlling what you put or don't put in your mouth.

At the same time, the bad news is that many of us are not disciplined enough to control our appetites. We "do what tastes good®" as Wendy's® likes to say, and we give more thought to taste rather than to the repercussions of food. That's interesting to

Recent reports have found that obesity in France, a nation widely known for thin waistlines and tiny dress sizes, has doubled to 12 percent.

fast diets and exercise equipment to prescription drugs and surgery is available under the sun.

However, as many have experienced, diets don't always produce long term results and exercise equipment becomes obsolete. Prescription drugs always contain side effects, some harmful and even deadly, and no competent individual enjoys surgery. Obesity surgery among teenagers alone has tripled to 771 operations between 2000 and 2003. Almost 212 in-hospital death occurred out of an estimated 104,702 adults who underwent obesity surgery in 2003, according to the same study.

Too busy trying to address symptoms rather than work on the cause?

As with many health concerns that we see at the King Institute, Inc., obesity is *not* the problem to address. It is a *symptom* that stems from an underlying *cause*. True healing and restoration occurs when the cause is

note, considering that food only stays in our mouths for a moment and stays in our stomachs, intestines and the rest of our body for days, even years (see our “Bread and Butter; Gluten and Casein” article in Journal Issue 8).

So what should we eat? While each of us has different nutritional needs, the general rule that continues to reign true is “garbage in, garbage out.” Live food, like vegetables and fruits, contain essential vitamins and minerals that the body requires to function properly. A healthy helping of complex carbohydrates that don’t contain gluten, such as potatoes, non-toxic legumes (beans) and rice release sugar slowly, giving you the stamina to work without the need or desire to snack on unhealthy junk food. Protein is also important but in excess (such as too much meat either white or red) can be hard on the digestive system.

Since the stomach and intestines contain almost the same amount of neurotransmitters in the body as the brain, a digestive system with good, healthy food and clean water will cause the brain to function more efficiently, helping to reduce stress and worry. After all, stress is an attitude, not an event. When you’re state of mind improves, your outlook and attitude towards others improve as well.

Exercise is as individual to each of us as our nutrition. But the primary purpose for exercise is the same for everyone, and that is to relieve stress. Tensions build up during the day, and exercise provides a healthy outlet to release all that tension. Thirty minutes of constant cardiovascular activity, such as running, cycling, kick boxing and step aerobics three times a week should provide a healthy minimum of stress relief. (Also, vigorous exercise can help the lymphatic system move toxins out of the body and increase oxygen in blood cells, among many other benefits).

And supplementation is specifically that: supplements to what you are already eating. If your diet already contains healthy mineral and vitamin-rich foods, supplements will only need to account for a small fraction of your health. Even organic food and the soil that it’s grown in are not as wholesome as just a few decades ago, causing the need for supplements today. However, their role is only to complete or enhance the healthy foods in your diet.

Of course, other factors can play roles in your health, such as environment. However, the stronger your body is on the inside, outside factors will cause less of a threat.

Do diligence

We’ve used a few clichés in the course of this article, however

they would not be clichés if they didn’t hold some degree of truth. A healthy lifestyle does not come naturally, even to the healthiest of us all. Like all things we want to accomplish, good health comes from true diligence, which is contrary to the human nature that wants instant gratification. The human tolerance for pain is surprisingly high. It’s what makes mothers forget about all the labor pains in order to enjoy the birth of a new child. Likewise, our tolerance for pain can also hinder us from trying to accomplish or conquer something, since we don’t always remember the pain of an act but the part that made us feel good.

But a smoker quits smoking because he continually, and metaphorically, must beat his cravings into submission. An alcoholic makes every effort to steer clear of the temptation to have another drink. One addicted to pornography seeks help and accountability to free himself from that bondage.

Those are extreme cases, but striving for a healthy lifestyle is not very different. We have to diligently and constantly remind ourselves of the consequences of our choices and act upon that which we know will be better not only now but also later.

Solomon said that diligence is rewarded, not only a little, but greatly. In Proverbs 12:24 of the NASB translation, he says, “The hand of the diligent will rule, but the slack hand will be put to forced labor.” You can apply this verse to any area of your life, including your marriage, your friendships, your job, your finances, your hopes and your dreams. Likewise, it can also be applied to your health. Diligence, which includes discipline and commitment armed with knowledge, will help you control your own life and obtain the goals and results that you desire to see.

Believe it or not, obesity used to be rare, along with heart disease, diabetes, asthma, allergies, arthritis, cancer and pretty much any other disease under the sun. We’ve grown into a world stressed out and worried on our own instant gratification that our bodies are no longer conditioned to handle it all. And the reality more often than not is that most of the things we stress ourselves over and worry about are things that either will never happen, have already happened and we can’t do anything about, deal with criticisms from people who feel inferior to us or are health related. Only a small fraction of what we stress about is legitimate worry.

So, if you’re one of those people in the before-mentioned obesity or related disease statistics, and every diet, pill and lose-weight-fast scheme has not and will never work for you, then try Solomon’s advice for a change and **do diligence.** ☽

Additional Proverbs on diligence to consider

“The plans of the diligent lead surely to advantage, but everyone who is hasty surely comes to poverty.”
– Prov. 21:5 NASB

“The soul of the sluggard craves and gets nothing, but the soul of the diligent is made fat.”
– Prov. 13:4 NASB

“In all labor there is profit, but mere talk leads only to poverty.” – Prov. 14:23 NASB

“Trust in the Lord with all your heart and do not lean on your own understanding. In all your ways acknowledge Him, and He will make your paths straight. Do not be wise in your own eyes; Fear the Lord and turn away from evil. It will be healing to your body and refreshment to your bones.” – Prov. 3:5-8 NASB

snapshots



Left

TKM® Instructor Dr. Jim Robertson provided this photo of the beautiful participants in the Self Help class in Sebring, FL in January.



Right

Although this may look like some odd form of speed dating, these are TKM students concentrating on pulses. Understanding pulses is one of the most important aspects of TKM to memorize. By reading pulses, a person can know what TKM® applications to use to effectively address the health issues of the person he or she is helping.



Left

This is the great group in the Columbus, Ohio EMT and Self Help classes in March. Most attendees were there as a result of the great work that Dr. Teresa Quinlin, MD has been doing in helping people and spreading the word about TKM®. They enthusiastically want a return for Level 1 and 2. We are looking for great things from this mostly new group.

Testimonial Corner

*Your stories...
your victories!*

Wounded in Iraq

Louie is a U.S. marine recovering in the U.S. from a wound received in Iraq.

Thanks for your prayers! Louie just got out of 11.5 hours of scar tissue and bullet piece removal surgery, and the replacement of only five severely damaged nerves. They expected to replace many more, since the damage was so extensive.

The bullet had exploded in his chest and had blown apart his brachial plexus [a network of nerves in the armpits and neck]. Then the major part of it lodged behind his scapula, which broke in half.

The main part of the bullet came out towards his back. During the first six weeks that we applied TKM® procedures on him, we could feel it under his skin.

When the doctors removed the bullet fragments, they saved them for Louie to keep.

Louie was only 30 minutes off the operating table, and he talked to me very coherently! He said the doctors were incredibly surprised at how well he healed and at how much nerve regeneration he had. He was really happy and had very little anxiety before the surgery. He said that he didn't sleep the night before but he was very calm.

He spent much of his awake time palming his calves and doing the Stop and Seal (Stop Bleeding) procedure. I told him to sit cross legged and palm his calves from the Indian style position, and it was really effective! He is SO THANKFUL to TKM® and prayer for his amazing recovery!

He will have his mom and younger sister (who are now with him) palm his calves and do the Stop and Seal procedure as much as they can, since his nerve transplants came from his

right calf. I told him that it was effective even through the bandages. He can't work on himself for a few days until the doctors take his arm out of its hanging position.

He asked me to e-mail his mom the directions for the most effective TKM® sequences. I wrote to her about the 3rd MOC and some other simple procedures.

Thanks again for your support! I hope to update you again soon. I heard that Louie has been offered a position escorting big brass around the hospital when he returns to active duty.

- Julie Moran

Dysautonomia

I wanted to give a good report on the woman with *Dysautonomia I wrote about a few weeks ago. I have started working on her, offering my humble and somewhat rusty services. Thanks to Jim Robertson who suggested excellent sequences, I've been doing 3rd MOC among others and she's faithfully applying the Median Sequence twice a day.

For the first time in months, she was able to go to church and drive herself to the store. She is very excited and hopeful. She told me today, "You don't understand all the things I have tried over the last 15 years - from acupuncture, chelation, and many detox cleanses to herbs and pharmaceuticals, but nothing has ever really helped. This gives me hope that I could actually get better."

- Gerlinde

*Dysautonomia is any disease with a name although with little understanding. It's a malfunction of the autonomic nervous system, including postural orthostatic tachycardia syndrome (POTS), neurocardiogenic syncope,

mitral valve prolapse dysautonomia, pure autonomic failure, multiple system atrophy (Shy-Drager syndrome), and a number of lesser-known disorders.

In some cases, dysautonomia reduces the ability of the heart and circulatory system to compensate for changes in posture, causing dizziness or fainting when one, for example, stands suddenly. In other cases, the heart may race for no apparent reason or the kidneys may fail to properly retain water (diabetes insipidus).

The effects of dysautonomia may be minor, only limiting the patient's activities slightly, or they may be totally disabling and leave the patient bedridden.

In the 19th and earlier 20th centuries, no one understood where the problems came from and, when found in women, was diagnosed as neurasthenia," or a "weak nervous system." Doctor's simply ordered bed rest, and some women died. Nowadays, the diagnostic criteria for dysautonomia has changed, and doctors realized that some men have it, too.

The medical community offers no cure for dysautonomia. Doctors commonly prescribe medications to assist in stabilization, but they are needed long-term. However, treating dysautonomia is difficult and may actually worsen the symptoms.

The prognosis for patients, according to medical science, depends on the severity of the diagnosis. Death can occur in young children and the elderly. They can die from pneumonia, acute respiratory failure, or sudden cardiopulmonary arrest. Patients with chronic, progressive, generalized dysautonomia in the CNS degeneration have a generally poor long-term prognosis. There is even some evidence that dysautonomia may be a factor in SIDS (sudden infant death syndrome).

If you would like to share an amazing story of how TKM® has helped your or someone you know, we would love to hear from you at info@kinginstitute.org! Remember to put "KIMA-testimony" in the subject line.

THE CLASS / EVENTS SCHEDULE

Additions and changes in schedule are subject to change without prior notice.

Please check the up-to-date schedule online at: www.kinginstitute.org

You may register for the Institute's classes / events online at www.kinginstitute.org

Or, you register or inquire about any events by calling the King Institute, Inc. at

1-800-640-7998

Thank you for stretching yourself to learn valuable information!

Everyone's Talking on **KIMA-TALK!**

We've all experienced it. TKM® overload! We're excited! We're ready to go. Then it hits us – we no longer have someone to talk with about TKM®. What do we do when we have questions? Once we start working on people, we start having incredible results. Where do we share all the exciting reports? For those who want to talk with someone who understands, there's good news!

If you completed Level 1 and 2 training, there is a forum just for you. Current members of the forum say it feels like the training seminar never ended. It's a great way to share stories, **ask questions**, learn something new, problem solve together, rejoice with one another and pray with over a hundred people who have a passion for The King Institute Method®.

Join us today! Contact the King Institute, Inc. to be added to KIMA-Talk. The discussions are great. The fellowship is excellent. And the thirst for more talk about TKM® is satisfied.

Note: When you e-mail the Institute, include your Level 1 and 2 training locations, approximate date and your phone number.

What is TKM®?

It's a complimentary form of natural medicine from a physics understanding of the bioelectrical systems and functions of the human body.

This gentle method is a non-invasive, light touch approach to re-establishing homeostasis in the body that even a child could apply. Use of this nurturing practice restores bioelectrical circulation (conductivity) and balance (coherence).

It promotes rapid healing and has shown to be highly effective to help reverse critical health issues and chronic diseases as it activates a resurgence of vibrant health.

The King Institute, Inc. embraces its client as a "whole person," addressing the cause from a physics point of view rather than symptoms of disease or pain (which is simply bioenergy that is not circulating properly).

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WARNING: If you have an allergy to the Sumac (Anacardiaceae) family, then you could possibly have an allergic reaction to this tea. It is always best to perform a basic "muscle test" with any new substance you introduce to your body. We recommend testing before opening the bottle.

TKM®

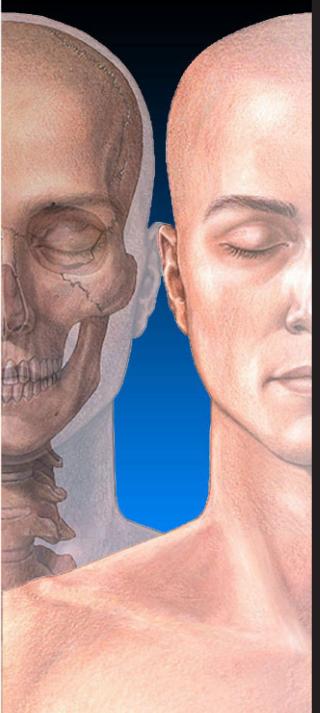
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VOLUME 1

BY
GLENN KING, PhD

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He is not here, but He
is risen.

- Luke 24:6



King Institute, Inc. wishes
you and yours a very blessed
Resurrection Day